



Video instruction

## Product Data Sheet



Go beyond your Goals.

If maximum strength and weight room full of workout options is what you want, then try the MG-300 on for size. This multi-station workhorse provides health club quality strength training for up to 3 people simultaneously. It features all the exercise stations needed to train effectively and efficiently for fast, targeted results.

Best ideas of muscle groups



What's more, you never need to make cable change adjustments.



### Specifications:

- MG300 Includes Leg Press, VKR and Cable Column Stations
- Mainframe: 12 Gauge 1.968 x 2.952 steel tubing(50 x 75 x 2.5T)
- Frame Finish: One-coat powder process, electrostatically applied powder coat finish
- Instructional Placard: Included
- Handgrips: Dipped PVC Handle
- Driving System: Cable
- Cables: 7x19 stainless steel tensile strength
- Standard Weight Stack: 630 Lb (286 kg)

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