

ARISTO COMMERCIAL ELLIPTICAL EC-FSG



The Aristo CFSG commercial self generating Elliptical Crosstrainer offers the exclusive adjustable stride length. Easy low level access for users of all sizes.

The small foot print allows it to operate within confined areas, however packs a massive punch, with 180kg user weight 24 resistance levels. Console feedback Time/Heart Rate/Watts/Calories/Distance/MET Level/Speed/RPM/Scan Function.

SPECIFICATIONS

- **Program:** 1 Manual Program Setting, 7 Programmed workout settings: Constant Load, Weight Loss, Interval, CV Workout, Heart Rate Control, Fat Burn, Rolling Hills. Each has 8 Class selections that can alter the resistance and can also be graphically seen in the display.
- **Console Feedback:** Time, Heart Rate, Watts, Calories, Distance, Mets, Workout Level, Speed and RPM.
- **Resistance:** 24 levels of resistance
- **Stride Length:** Electronically adjustable stride length from 10" to 30"
- **Overall Size:** (L)140cm x (W)56cm x (H)150cm
- **Power:** 110/240 volts, daisy chain and self generating models available
- **Maximum User weight:** 400Lbs/180kg