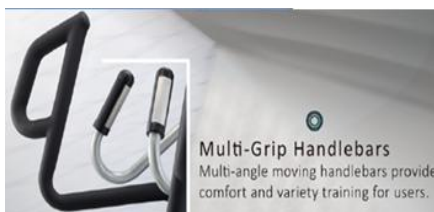
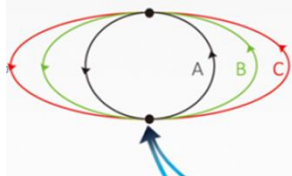


CFSG this elliptical doesn't require your feet to make an impact on a surface. This means that there is no force being applied to the joints repeatedly, which is the reason most people get injured. So if you want to do cardio long term, without your knees and ankles exploding one day, go with this CFSG.



By changing stride, cross trainer can move at your own will and train in different movement (A/B/C).
A. Stepper Stride Width: 25cm
B. Elliptical Stride Width: 50cm
C. Treadmill Stride Width: 75cm



Oversized Pedal

Large pedal allows you to adjust your foot position naturally and comfortably.

Low-impact Pedal

Added low-impact pedal design reduces knee and joints stress and more safety during a workout.



Integrated Water Bottle Holder

The water bottle holder large space design can let the users store anything they need during workout.

• TECH SPECS.

- Console Type: 8 × 8 × 4 Matrix 3-Window LED Display
- Console Feedback: Time, Heart Rate, Watts, Calories, Distance, MET, Level, Speed, RPM
- Programs: 9 programs, Manual, Weight Loss, Constant Load, Interval, CV Workout, Fat Burn, Heart Rate Control and Rolling Hills
- Power Requirement: Self-Generator
- Floor Space: 211×101cm / 83"×40"
- Max. User Weight: 400lbs(180kg)
- Stride Adjustment: 26~76cm(10"~30")
- Resistance Levels: 24
- Watt: 250 WATTS
- Tension Control: Via Programmable Controller
- Contact & Wireless HR: Yes
- Resistance System: Generator
- Rollers: Precision Mode 60 mm (2 1/2")

The muscles a cross trainer works on

- Primary workout area
- Secondary workout area
- Light workout area



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