

FIRST DEGREE E316 COMMERCIAL ROWER FP-E316



Maximum durability - virtually maintenance free. The E316 stands out from the crowd and is at home in a PT studio or high end health club. With the smallest footprint in its class, ideal for group classes.

SPECIFICATIONS

- **Program:** 16 level patented variable fluid resistance
- **System:** Direct drive system
- **Frame:** Rigid frame construction for maximum stability
- **Space:** Extended transport wheels for ease of movement
- **Dyneema Cable:** no chains or lubrication
- **Handle:** Ergonomic handle
- **Seat Rollers:** Air glide seat rollers
- **Seat Rail:** Dual anodized aluminum seat rail
- **Concealed Roller Design:** cleaner, safer & smoother
- **Monitor Displays:** time, 500m split, distance, strokes per minute, calories per hour, watts, level, intervals, heart rate
- **Compact Footprint:** 190cm x 56cm