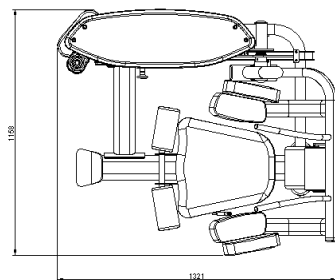


### MAM900 AB Crunch Machine



#### Console Features:


- A. Personal Coach Function.
- B. Auto Detecting (weight/resistance).
- C. Auto counting.
- D. Auto operation without setting.
- E. Personal program provided.
- F. Display:
  - . a. Training Time
  - . b. Calorie
  - . c. Goal
  - . d. Accumulated Data
  - . e. Counting Down Data



#### MAM900 AB Crunch Machine

Built to deliver strength—and deliver it does. Structurally and biomechanically designed for intensive club use, the AB Crunch' rigid body structure plays a critical role in the machine's superb handling. Its large base frame aids stability and comfort, and yields a neutral weight distribution. Substantial rear and side subframes help eliminate lateral torsion and vibration.

#### SPECIFICATIONS

- A. Mainframe: 11 Gauge 1.968" X 5.905" oval tubing (50 x 150 x 3mm)
- B. Upholstery (B/R): CGPC 2"high density foam (ergonomic design)  

- C. Belt: Tensile strength more than 5,027 Lb. (2,280 Kg)
- D. Shroud: 4T delicate safety cover
- E. Product Weight: 576lbs/262kg(include 210 Lb Stack)
- F. Weight Stack: High-quality weight plates for smooth and durable operation.
  - Standard Weight Stack: 210 Lb. (95.34 kg)
  - a. Optional: 310 Lb. (140.74kg)
  - b. Optional: 410 Lb. (186.14kg)
- G. Dimension: L x W x H, 52" x 46" x 65.5" (1321mm x 1159mm x 1665mm)