



Product Data Sheet

Adjustable Abdominal Bench (NAAB)

A Bench That's Built

Idea for free weight dumbbell / barbell exercise and perfect for Power Racks and Multi-press Rack. Unique design is absolutely stable and features five position adjustable pads for ultimate body positioning also seven position for leg rollers.



Ideal abdominal muscle for bench NAAB

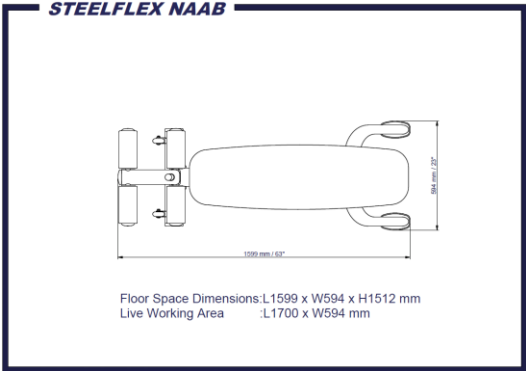


SPECIFICATIONS

- A) Mainframe: 12 Heavy Gauge 1.968"×3.937" (50×100×2.5T) Oval Tubing
- B) Frame Finish: Two-coat powder process, electrostatically applied powder coat finish, metallic silver
- C) Upholstery: CGPC 2" high density foam with PVC skin and durable double stitched



- D) Handgrips: Dipped PVC Handle
- E) Frame Construction: Continuous welds at all joints.
- F) Max. User Weight: 264 lbs / 120 kg
- G) Product Weight: 79 lbs / 36 kg
- H) Dimensions (L×W×H): 160 × 59 × 151 cm / 63" ×23" ×59.5"



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