



Product Data Sheet

Giving you the best cardio workout ever!



PR 10

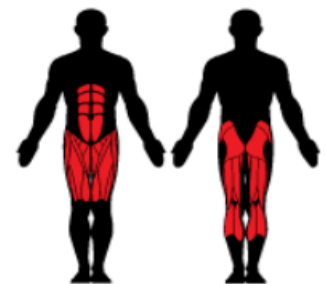
Recumbent bike with optional TV rack for workout entertainment

Featuring self-balancing oversized pedals with adjustable straps, easy seat adjustment and one-piece seat setting, the step-through design of Steelflex PR10 Recumbent Bike brings the superior riding comfort that makes the cardio workout more enjoyable and efficient.

SPECIFICATIONS

MUSCLE GROUPS

- > Abdominals
- > Calves
- > Gluteus Maximus
- > Hamstrings
- > Quadriceps



Special Features	Integrated Water Bottle Holder with accessories storage, USB port
Display	16 x 20 Matrix LED Display, 6-window LED Display
Display Feedback	Time, Distance, Calories, Pulse, Level, Speed, Watt, RPM
Programs	8 Programs Manual, Cardio, Interval, Fat Burn, Training, HRC, Custom, USB
Tension Control	Program Control
Resistance Levels	24
Resistance System	ECB Resistance
Power Requirements	Self-generated
Watt	10-400 Watts
Pedals	Self-balancing with easy adjust straps
Fore/Aft Seat Adjustment	20 Levels
Transport Wheels	Yes
Heart Rate Monitor	Wireless and Contact Grips
Max. User Weight	400 lb / 180 kg
Dimension (LxWxH)	178.5 x 76 x 143 cm / 70" x 30" x 56"
Product Weight	93 kg

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